

Mystical Abilities Training

# Using Magic To Heal



Sacred Space Healer  
Consciousness Coach



# Mystical Abilities Training

## Connecting To Source Every time

All needs met in this now moment

Set an alarm called all needs met in your phone x3 times daily. Then say these mantras in your head or out loud.

Control  
Approval  
Security

Mantra



I am safe and secure in this now moment

I approve of myself and everything I have done in the past and everything I will do in the future

I relinquish control to the universe

Or

I am working towards feeling safe and secure in this now moment

I am working towards approving of myself and everything I have done in the past and everything I will do in the future

I surrender to the universe



# Mystical Abilities Training

## Self Healing Cycle

1. Identify the resistance. What is the problem you are facing.
2. Move through any fear. Ask yourself what you are afraid of?
3. Re-write any limiting beliefs (prove them wrong)
4. Put your awareness in all perspectives

1. What is the problem? Can you fully feel it and acknowledge the energy you are with without resistance to what is?

2. Are you afraid of anything that is keeping you stuck?  
Can you find a thought based in love instead of fear?

3. What beliefs are not serving you anymore?  
What would you like to believe instead?

What is a more effective belief that will serve you moving forward for your highest good. Find 1 tiny example of your life where you experienced the opposite of that limiting belief.

4. Find the effective perspective.

Can you see and understand this situation from all sides.

Why others behaved as they did? Maybe they are afraid traumatised or feel broken too.

No one does anything inappropriate given their model of the world.

Fear is the only evil.

Love really is all there is.

Love is such a powerful frequency, we humans often do not know how to hold it.

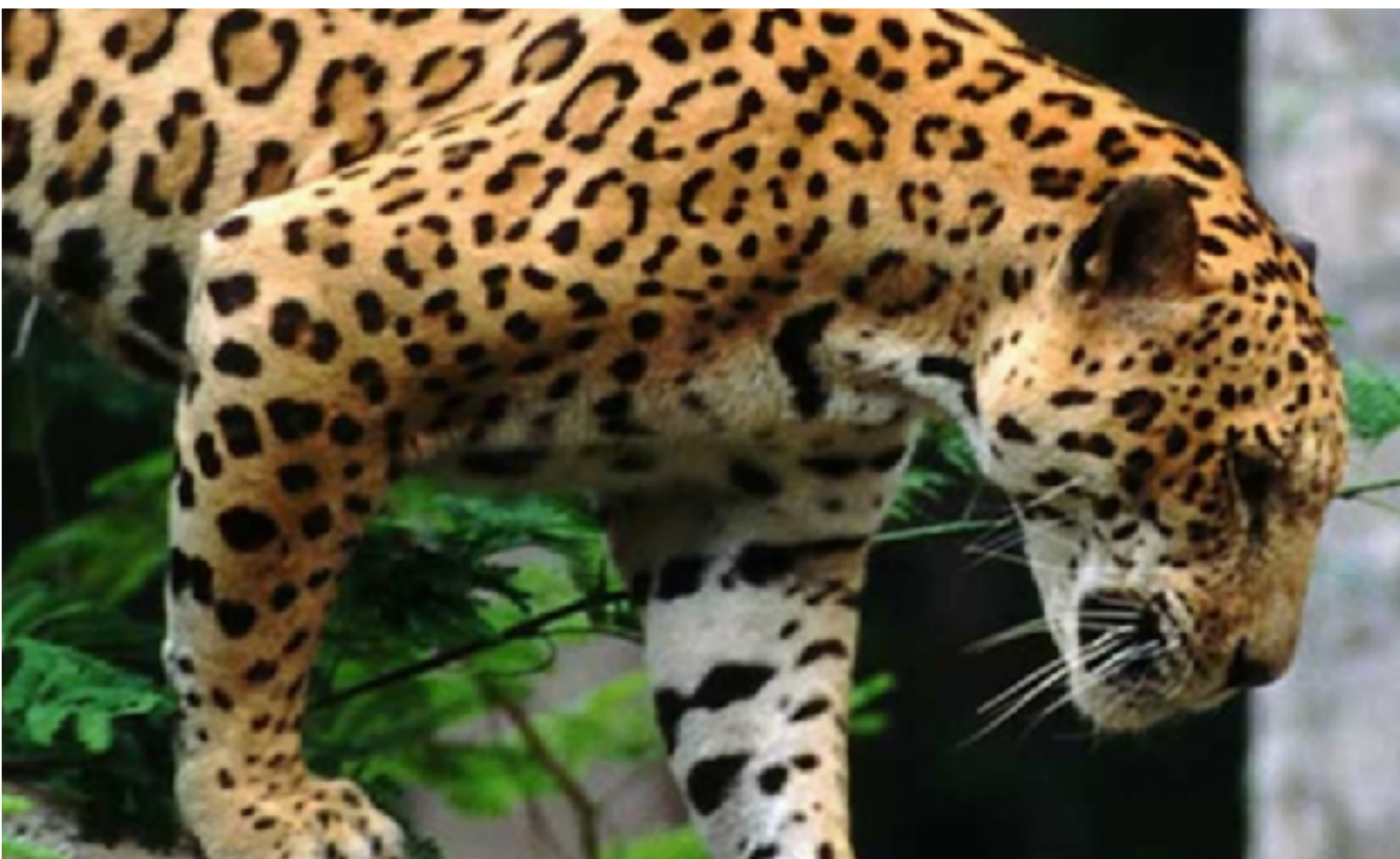
We are only afraid of having love and or losing it.



# Mystical Abilities Training

## The 4 Directions

**West = Jaguar,  
Mighty Otorongo**

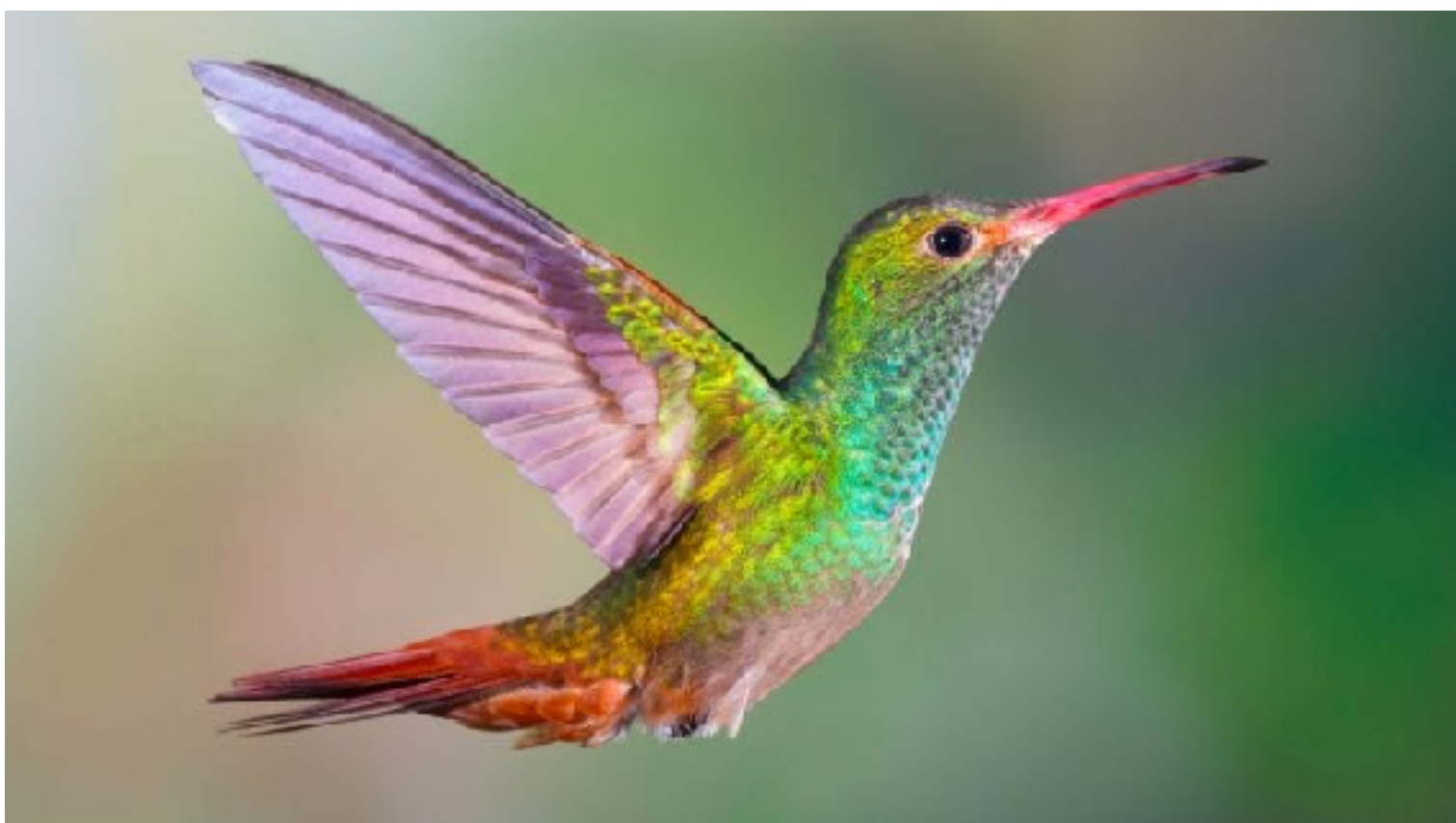


**The breath  
Assists with  
empowerment**

Water element  
Emotional healing  
Facing fears  
Shadow work

Healing fears from past lives that are still with

**North = Hummingbird,  
Siwarkenti**



**The subtle Body  
Assists with Self**

Earth Element  
Magic and Joy  
Living your purpose  
Energy  
Excitement  
No time for drama  
Healing soul



**South = Serpent,  
Sachamama**

**The physical body  
Assists with drama & victim**

Fire Element  
For shedding all that no longer serves.  
physical healing  
Security  
Ability to digest life and traumatic events  
Healing past issues and trauma's from this  
life

**East = Condor/Eagle,  
Haton Apuchin**



**The Sage  
Assists with visioning and manifestation**

Wind element  
Rise above the judgements  
Effective Perspective  
Spiritual Sight  
Peacefulness  
Wisdom  
Death and rebirth  
Healing contracts

**Above**  
Father Sky - Inti Taita  
Grandmother moon - Mama Quilla  
Great Spirit/Star Brothers & Star  
Sisters - Wakan Tanka

**Below**  
Mother Earth - Pachamama  
Nature Kingdoms  
Stone People  
Plant People  
Animal People



# Mystical Abilities Training

## Opening Space

To the winds of the South, great serpent. Come be here with us. Help us to shed the past the way that you shed your skin, help us to see through the eyes of serpent, show us the beauty way, to walk with no ripples upon this earth.

Thank you great serpent,  
SACHAMAMA. Urpichay

To the winds of the West, mother sister Jaguar. Come be here with us. Help us to walk through fear and show us there is nothing to fear. Help us to see through the eyes of Jaguar, allow our shadow selves into the light.

Thank you mother sister Jaguar,  
Mighty OTTORONGO. Urpichay

To the winds of the North, royal Hummingbird.  
Ancestors and ancient ones of all lands, come be here with us.  
Show us the path of wisdom and love without drama, allow us to embark on our epic journey, help us to see through the eyes of Hummingbird. Warm your hands by our fire, whisper to us in the winds of time. Thank you royal Hummingbird. SIWARKENTI. Urpichay

To the Winds of the East, great Eagle and Condor.  
Take us to the mountains we only dare to dream of. Help us to fly to heights of great spirit. Help us to see through the eyes of Eagle, no longer in judgement and constraint. Help us to come from a place of trust and freedom. Thank you great Eagle and Condor.  
HATON APUCHIN. Urpichay

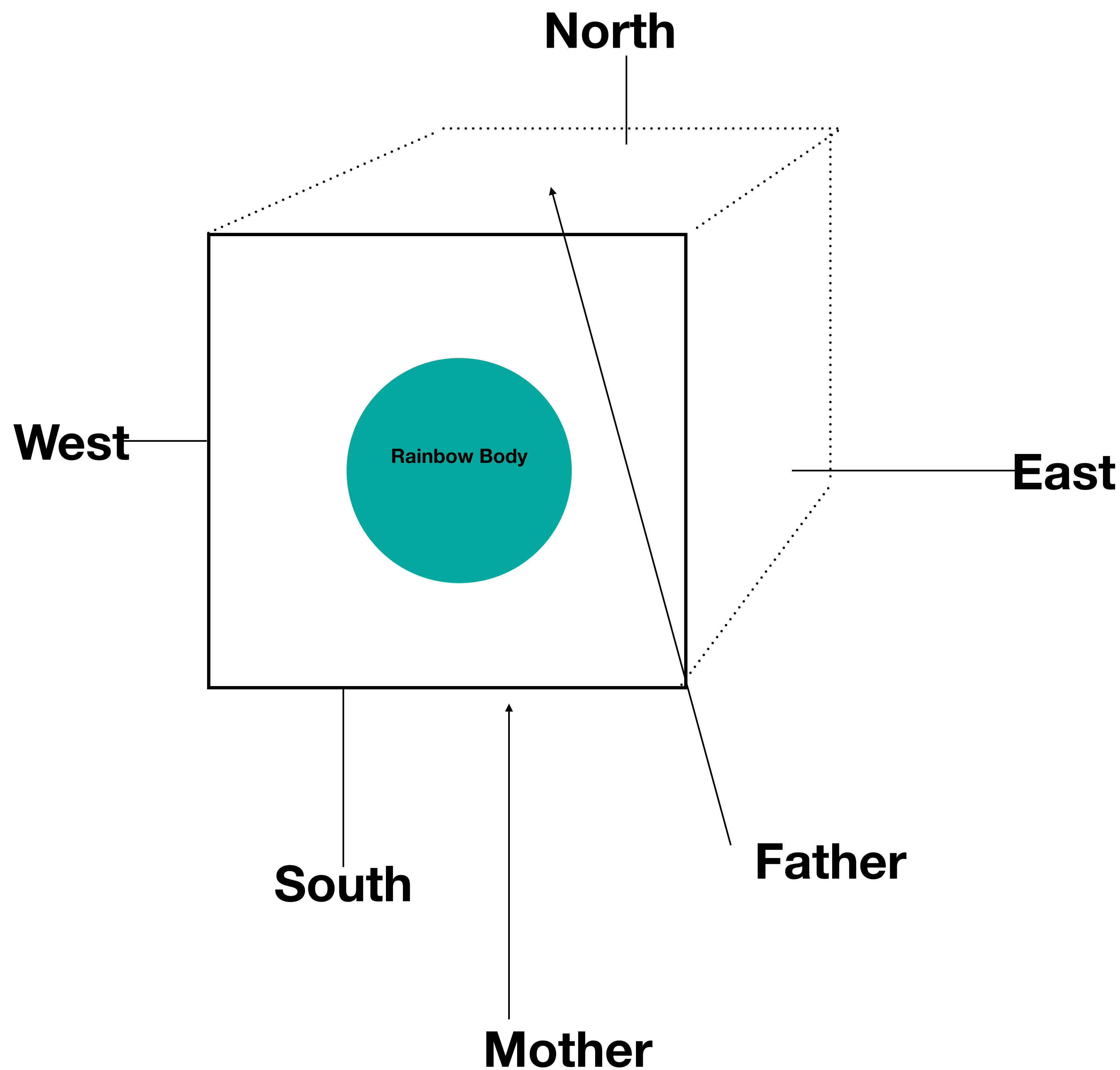
Beautiful mother earth. You that provides so much and asks for so little in return, thank you.  
Forgive us for the creation of greed.  
Forgive us for the poison we spread, we are gathered here for connection to all our brothers and sisters, the 2 legged, the 4 legged, the many legged, the plant people, the stone people and all others that reside upon your belly. Help us to see through the eyes of plenty and wholeness. Thank you mother Earth,  
PACHAMAMA. Urpichay

Great Spirit. You who is know by a thousand names and yet you who is truly the unnamable one, thank you. Thank you for holding us and always remembering us. Help us to feel whole and connect deeply to the oneness of ourselves and the world around us. Help us to see through the eyes of creation and come from a centred place of peace and acceptance.  
WIRACocha, WAKAN TANKA, INTI TAITA, MAMMA QUILLIA. Urpichay



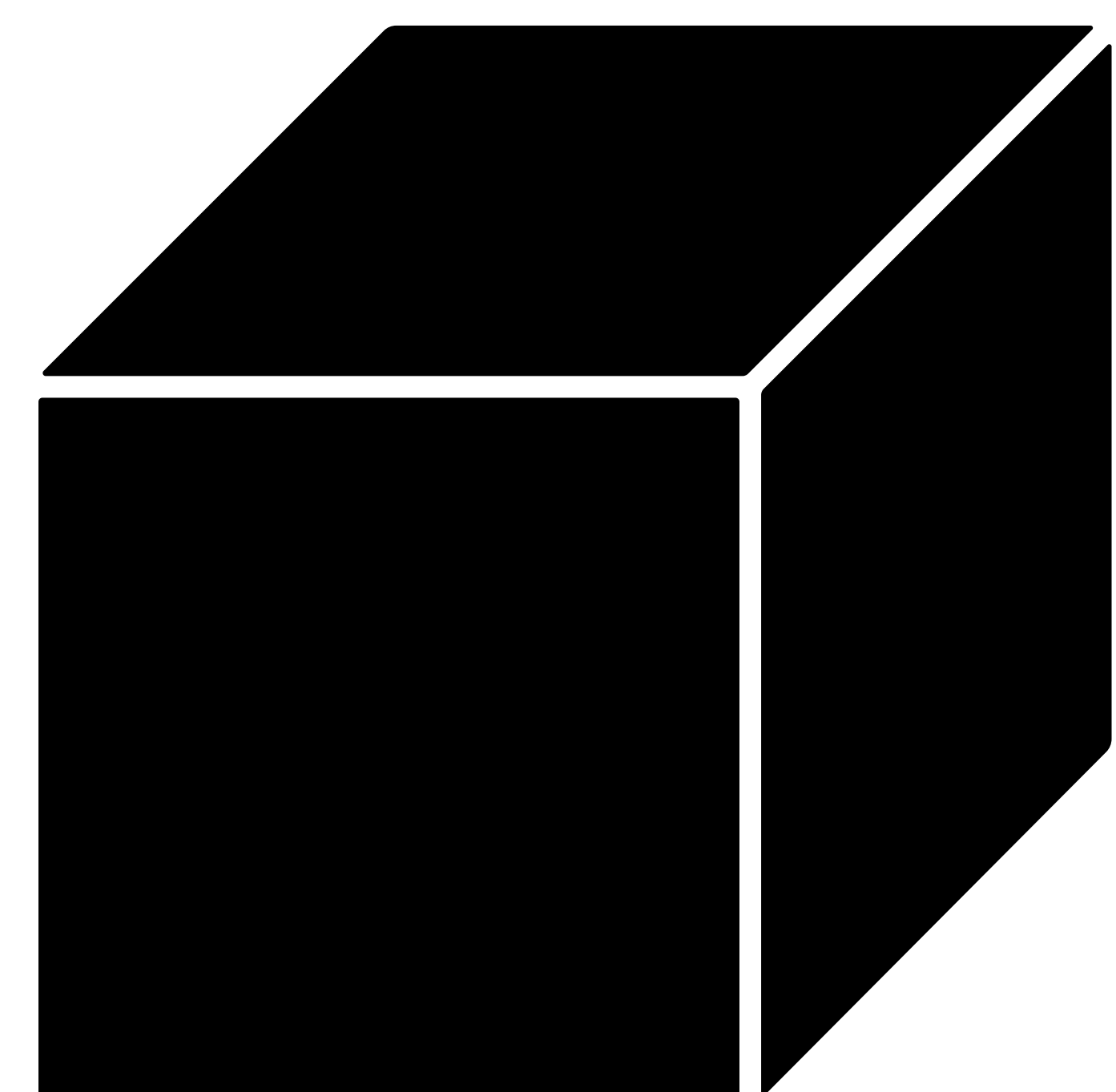
# Mystical Abilities Training

## Opening Space & relating it to Sacred Geometry



When you are creating /opening sacred space. The directions come in as each wall of the room. The bottom is mother earth and the top father sky.

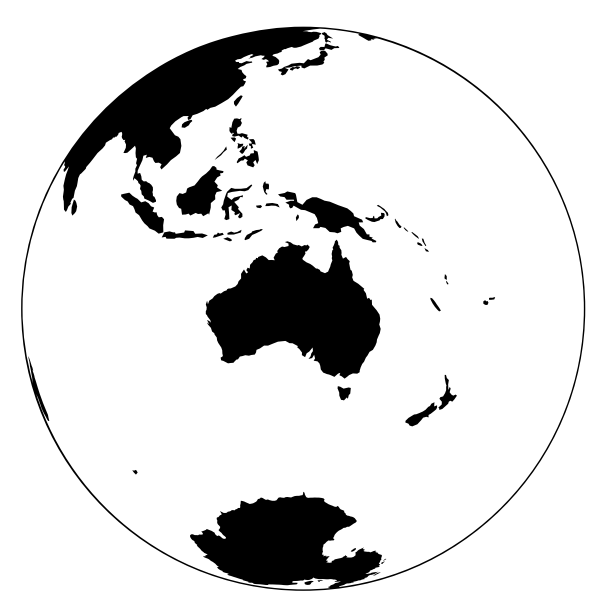
Once this is done, everything is then sacred. Like a reading or a vision quest. Then the space is purposeful until the session is over.



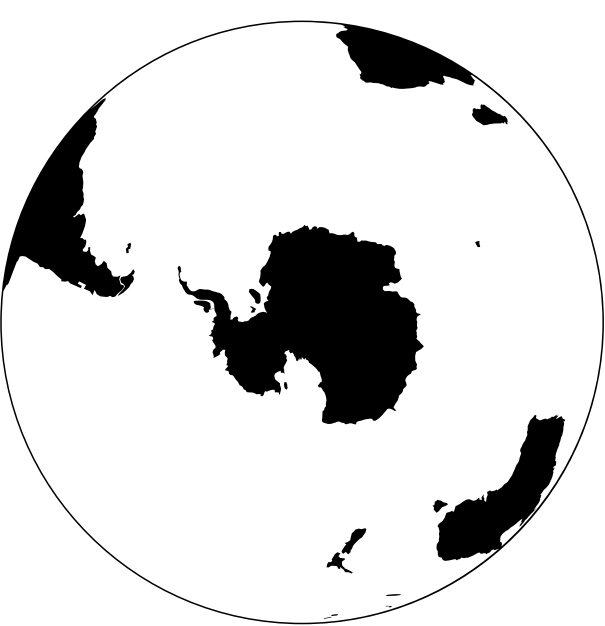
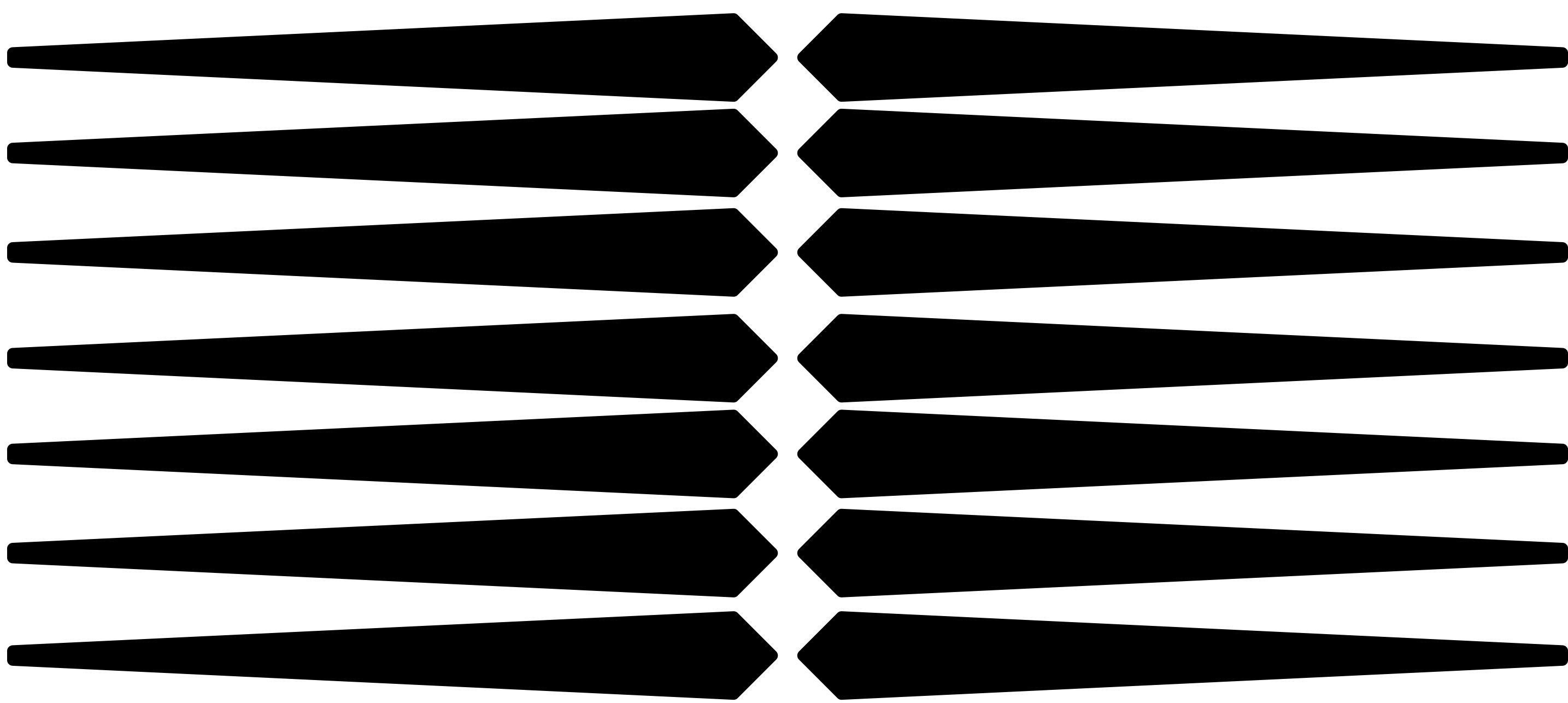
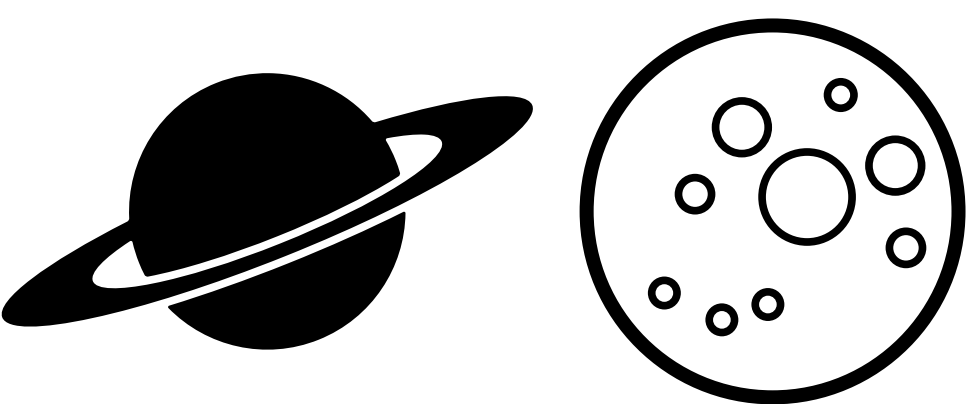


# Mystical Abilities Training

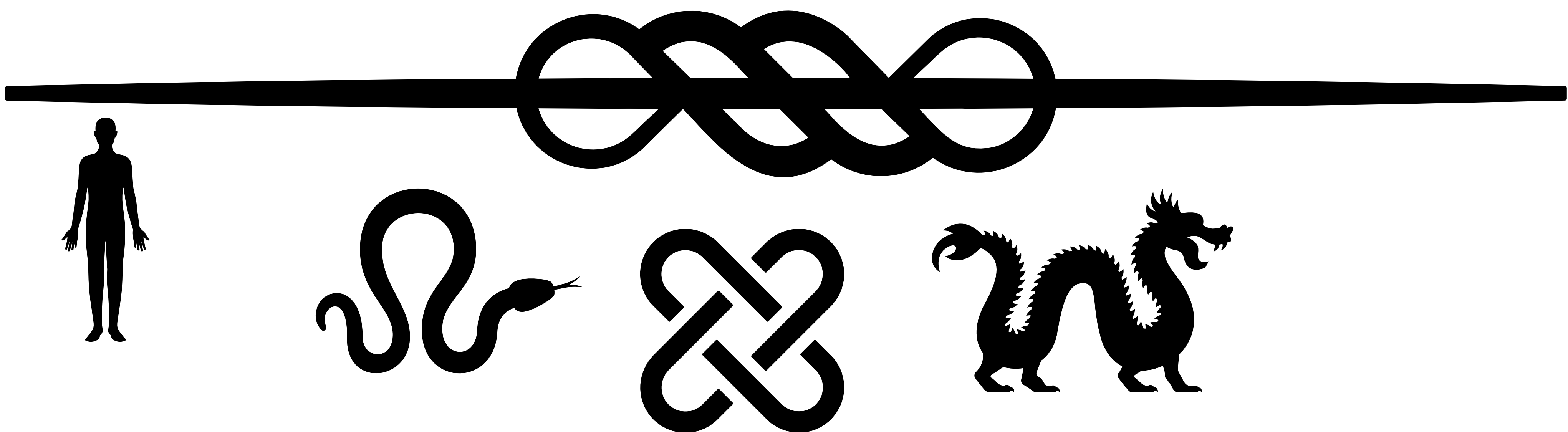
## Metaphysical Map of the 3 Worlds



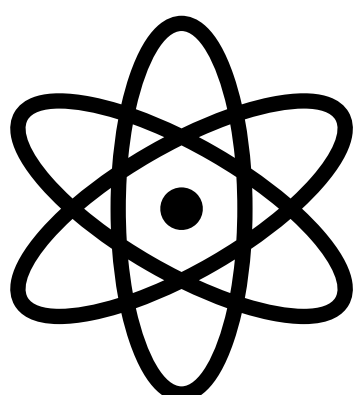
Upper World - Hanaq Pacha  
The future. The Realm Of Possibilities  
7 Layers for different purposes



Middle World - Kay Pacha  
The Here and Now



Lower World - Ukhu Pacha  
The Past. The Realm of Healing  
7 layers for different purposes





# Mystical Abilities Training

## Metaphysical Map of the 3 Worlds

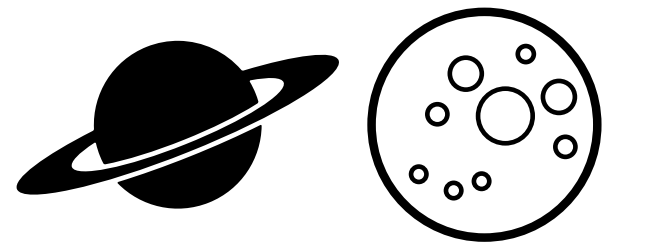
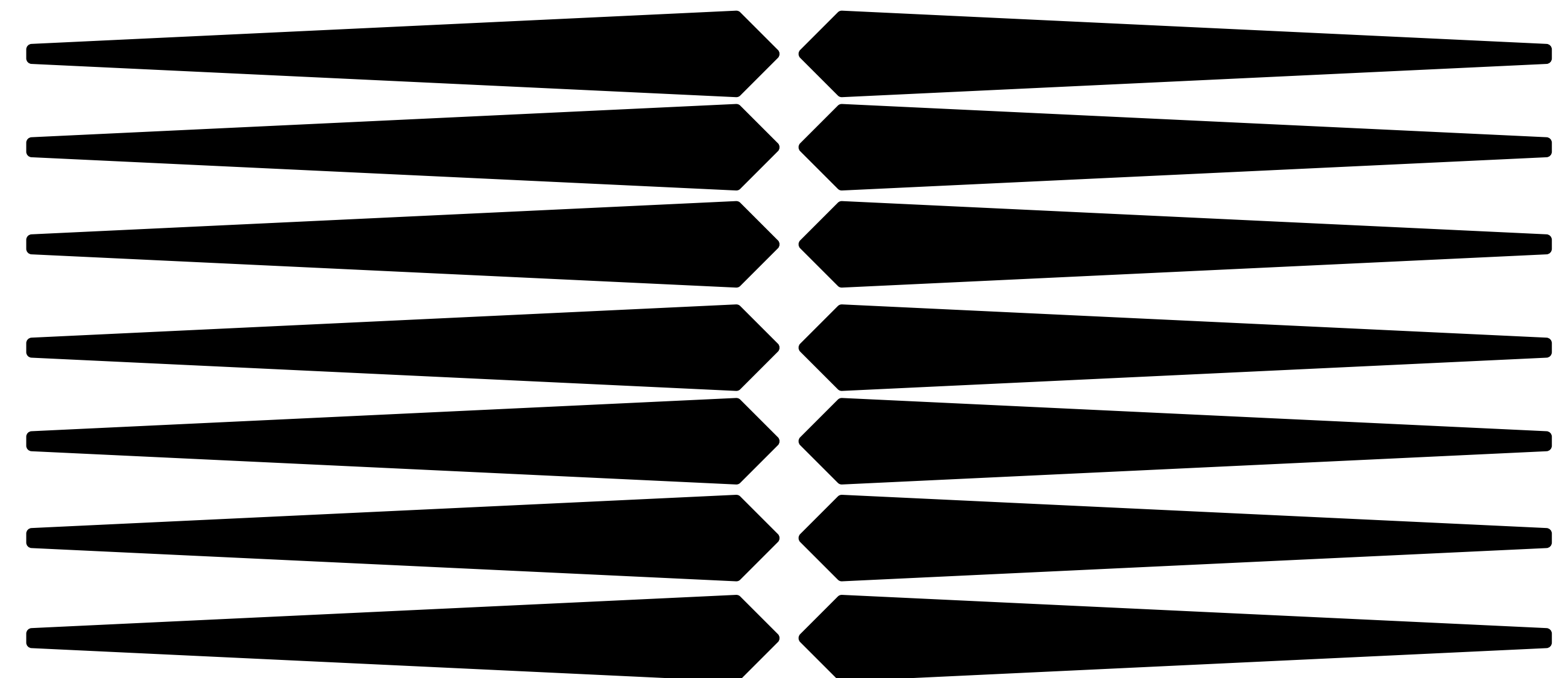
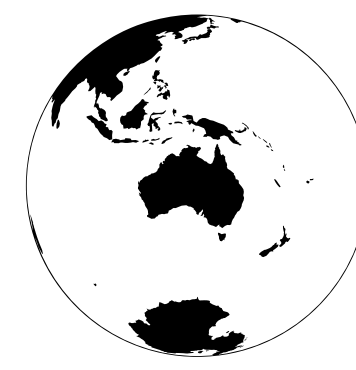
### Upper World - Hanaq Pacha

The realm of possibilities

Human's relate this to the future.

Keeper of the Upper World = Pachacuti

Pachacuti is often portrayed in journey's as a large being with a large hat or a large head. Or like a being from another planet.



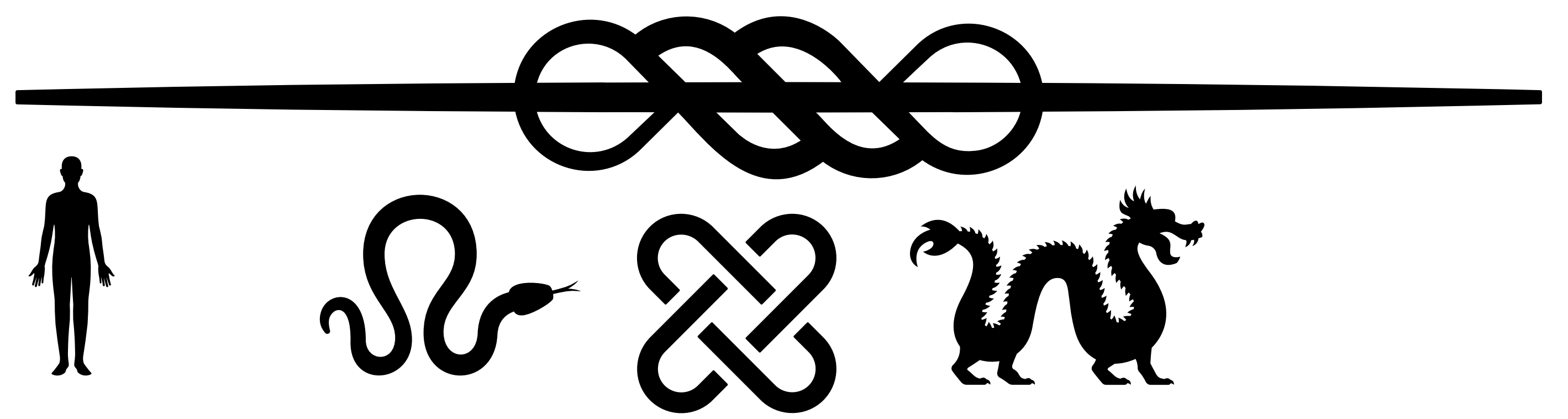
### Middle World - Kay Pacha

The realm of present moment reality

Human's relate this to the here and now

Keeper of the Middle World = Quetzalcoatl

Quetzalcoatl is often portrayed in journey's as a winged serpent or a dragon.



### Lower World - Ukhu Pacha

The realm of healing

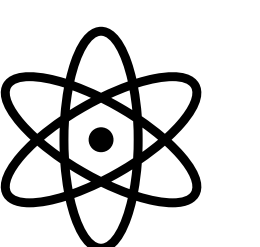
Humans relate this to the past

Keeper of the Lower World = Huáscar Inka

Huáscar is often portrayed in journey's as a bear, or wearing a fur coat.

Or perhaps with a cloak and hood more like a wizard. Often the cloak and hood is fur, like that of a bear. Maybe shows up as a boy.

In the story of Huáscar Inka, he was an Inca King, murdered at the age of 8 years old, to take him from the throne. His essence is dedicated to all purity & healing.





# Mystical Abilities Training

## Divination

### Animals:

1. Ant - hard working
2. Bat - finding your tribe
3. Bee - God Messenger
4. Dolphin - Metaphysical messenger
5. Dragon - calling you to the here and now
6. Eagle - perspective
7. Earwig - someone is speaking ill
8. Elephant - luck
9. Grasshopper - ancestor
10. Hornet - feminine collective energy
11. Horse - strength and determination
12. Hummingbird - energy, action steps
13. Jaguar - Something is in your blind spot, shadow work. Empowerment
14. Monkey - playful
15. Owl - q'ero messenger
16. Parrot - talking too much often to avoid
17. Phoenix - rebirth
18. Pig - abundance
19. Snake - shedding the past, physical healing
20. Spider - protection and weaving into the bigger picture
21. Turtle - mother earths ancient wisdom
22. Unicorn - innocent purity
23. Whale - ancient wisdom, peace and tranquility
24. Wolf - Odin's pack
25. Woodpecker - heart opening
26. Zebra - guide to other planets and realms

### Archetypes & Themes:

1. Priest
2. Wealth
3. Loss
4. Sabotage
5. Hero Heroin
6. Surrender
7. Home
8. Saviour
9. Outer space
10. Childhood
11. Forest
12. Visionary
13. Love
14. Party
15. Theme park
16. Disease
17. Heist
18. Shopping
19. Pain
20. Holiday
21. Romance
22. Detective
23. Victim
24. Pioneer
25. Beach
26. War



# Mystical Abilities Training

## Rainbow Body



Each Coloured Energy Body is the energy from each Nawi (Chakra). It is the energy from each of these centres that makes up your energy body (Aura)

Red - Base Nawis - Closest energy body to us relating to our physical health  
Orange - Sacral Nawis - 2nd energy body relating to self love  
Yellow - Solar Plexus Nawis - 3rd energy body relating to our confidence  
Green - Heart Nawis - 4th energy body relating to giving and receiving / ability to connect to self and others.  
Blue - Throat Nawis - 5th energy body relating to effective and honest communication  
Purple - 3rd Eye Nawis - 6th energy body relating to psychic communication  
White Light (Rainbow) - Crown Nawis - 7th energy body, rainbow body, astral body and your metaphysical higher self. All the others combined.



# Mystical Abilities Training

## Rainbow Body

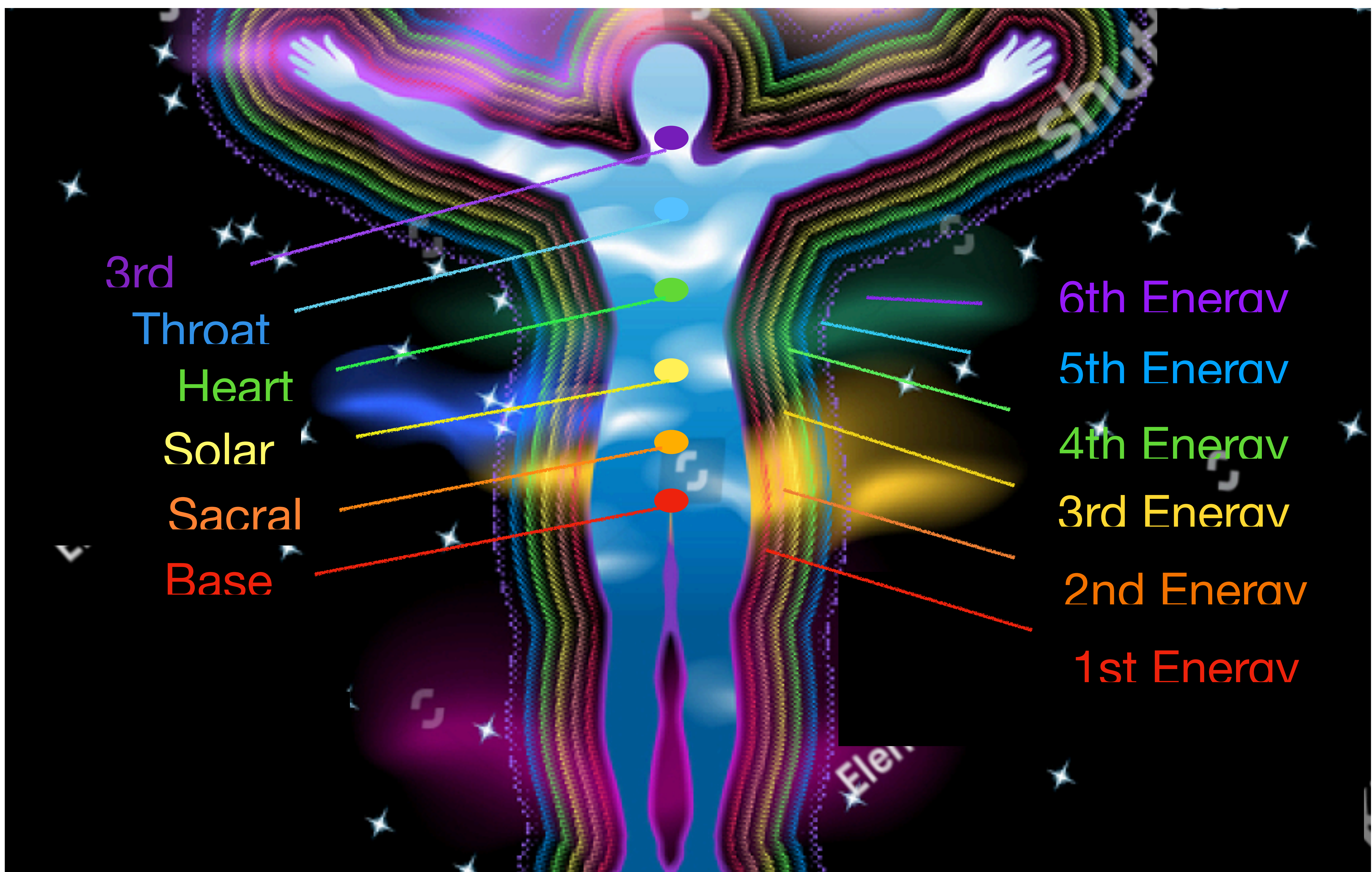


If your client has blocks in these energy bodies, you will be able to know from what they tell you, which Nawis centre needs clearing.

Red - Base / Personal Security / Sexual Energy  
Orange - Sacral / Creative Centre / How You Relate To Self  
Yellow - Solar Plexus / Power Centre / How You Relate To Others  
Green - Heart / Connection Centre / Wisdom & Somatic Psychic Centre  
Blue - Throat / Communication Centre / Speaking Your Truth  
Purple - 3rd Eye / Pineal Gland & Psychic Sight  
White Light (Rainbow) - Crown / Higher self / Astral body



# Mystical Abilities Training



Some possible reasons why energy bodies would be blocked

Base - Feeling insecure. Money issues. Sexual Abuse. Worry. Anything that threatens personal security.

Sacral - Guilt. Shame. Self judgements. Feeling of being bad or wrong.

Solar Plexus - Afraid of what others think. Afraid of their own power. Fear of connection to others. Being hurt and or hurting someone else.

Heart - Been hurt by love. Been let down once trusted another's love. Afraid of love and connection. All barriers and walls of protection, that shut out connection.

Throat - Not being able to speak your truth. Talking too much. Or talking too little. (Depending on their programme or habit) being afraid to say the wrong thing. Keeping in secrets. Telling lies.

3rd Eye - Fear of connection to Spirits. Thinking psychic ability is bad, wrong or punishable. Not trusting in divinity. Lack of trust in self and other.

Crown - Fear of the ALL THAT IS. Fear of the unknown. Fear of surrender.

Closed due to psychic attach. Really only this one can open when all the others are cleared too. If any others are blocked, so is this one.



# Mystical Abilities Training

## Quechua Glossary

### **ALTOMESAYOQ**

A Paq'o who has been chosen by nature, by being struck by lightning three times, who is in direct connection with the layers and spirits above

### **APACHITA**

A group of stones the native people of the Andes build while doing prayers for changing parts of their lives

### **APU**

Mountain, Lord, older man, father, masculine and energetic father, spirit of the mountain, animal of the night

### **AYNI**

Sacred reciprocity, interchange, balance between taking and giving, bridging, humbleness, softening, sharing – with the spirits and Pachamama, to be in your centre, related to everything we do.

### **CHUMPI**

Or chumpi. Literally belt, a set of five or seven stones used in healings, connected to the Pleiades

### **DESPACHO**

Ceremonial offering infused with prayers and Sami

### **HANAQ PACHA**

The upper world where the spirits of above reside

### **HUASCA**

Gatekeeper to the Ukhu Pacha, the lower world

### **HUCHA**

Heavy, dense energy, sin, anger, unbalanced, created by fear, anger judgment, jealousy

### **INKA / INCA**

Literally emperor or king. In common tongue refers to 'lover', or the Inkas

### **INTI TAYTA**

Father sun. Also father of the stars for the Inkas. Inti literally means sun, Tayta literally means father, elder, mister

### **K'INTU**

Three leaves, coca leaves in the Andes, representing the three worlds – Ukhu Pacha, Kay Pacha and Hanaq Pacha – to be infused with prayers for a despacho as an offering to the earth and spiritual beings

### **KARPAY**

Initiation; there are many Karpays, but the three main ones, if you want to become a Pampamesayoq are Munay Karpay, Yachay Karpay and Llank'ay Karpay. To renew your Karpays you receive the Mosoq Karpay

### **KAY PACHA**

This world, where humans, animals and trees reside, the world of awareness. The middle world

### **KHUYA**

Stone of power and information, initiated mesa stone

### **MAMA QILLA / MAMA KILLA**

Mother moon, also mother of the stars for the Inkas

### **MESA**

Altar, bundle of medicine stones and sacred objects

### **MESTANA**

Mesa cloth



# Mystical Abilities Training

## **MUKI**

Spirits, doctors or helpers of the organs residing in the fourth layer of Pachamama

## **MUNAY**

To love, energetic power, gift, your own power, joy, happiness, softness, tenderness

## **ÑAWI**

Chakra, literally eye

## **PACHA**

Literally means time, space, world, era, place, planet, dawn, twilight

## **PACHAKUTI**

Gatekeeper to the Hanaq Pacha. Kuti means return, rollercoaster, the turning and transformation of time, end of one cycle and beginning of another

## **PACHAMAMA**

Mother of time and space, earth, womb, energetic mother, represents the feminine energy

## **PAMPAMESAYOQ**

Keeper of Mother Earth, Paq’o who follows the path of the heart, walks in oneness with Pachamama, who is connected to the layers of Pachamama and also works with the energy of the cosmos

## **PAQ’O**

Priest healer. Also means ‘llama’

## **QUECHUA**

Language of the natives of the Andes and of the Q’ero Paq’os

## **SACAHMAMA**

The holy snake in the Andean native mythology

## **SAMI**

Light, pure energy, field of light and protection around the aura

## **SIWAR Q’ENTE**

Hummingbird

## **UKHU PACHA**

The world below where we find the spirits and helpers of the layers of Pachamama

## **UNKHANA**

Inner mesa cloth

## **URPICHAY SONQOY**

Thank you! Literally with a dove from my heart

## **WIRAQOCHA**

Cosmos, Lord of creation and manifestation, Great Spirit, your own ‘bubble’ or energy field, also ‘Sir’ when addressing somebody with respect

A – pronounced A as in cat

E – pronounced E as in end

I – pronounced I as in win or at end of word EE as in see

O – pronounced O as in dog or at end of word O as in mow U – pronounced OO as in too

LL – pronounced Y e.g. Keeya (QILLA)

Ñ – the n is softened: pronounced N-Y e.g. Nyawi (ÑAWI) Q – pronounced K e.g. Wirakocha (WIRAQOCHA)



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