



EMBODIED
MYSTIC
The Way Home

Turn "I Can't" into I CAN

Integrate your victim into your power

4 stage empowerment process



Tired of life's challenges?

Do you?

- ✓ Put yourself down?
- ✓ Play small?
- ✓ Feel not good enough?
- ✓ Worry?
- ✓ Get into arguments or disagreements?
- ✓ Are often not well or tired?
- ✓ Can't deal with so and so in relationship?
- ✓ Can't cope?
- ✓ Find others take advantage?
- ✓ Don't ask for help?
- ✓ Feel alone? Isolated? Don't know where to turn?

Is your victim running your life?

Do you want to know how to shift from I can't to I can in any situation?

4 Step Empowerment Process,

Alchemising the 4 corners of human consciousness

It works because psychologically these 4 pillar archetypes are the same for all humans

Here's how it works.

1. Get out of Victim and into your power
2. Meet your fear so that it never keeps you playing small again
3. Live your mastery and purpose
4. Trust your worth and never sell yourself short again.



Tools making you a super coach

Giving you the tools to understand the complexity of the human experience simply and quickly, leaving no corner unturned.

- Alchemise any trauma or limiting belief with the self healing cycle & Illuminations
- Understand any and all fears with 3 sides of the coin coaching (the secret side to coaching you are never taught)
- How to use your emotions to find your purpose and live in bliss
- Anchor into self worth and feel like you've come home

How does this method work?

What are the themes covered in the empowerment process?

These 4 corners South West North East are based on the 4 pilar archetypes of collective consciousness

The 4 energies of being human that EVERYONE HAS

No one human being is without one of these archetypes

That's why this works for everyone

The process is about understanding the human experience, all your emotions, why you might feel alone, like no one understands, or have given up trying because nothing seems to work.

This method creates a container for you to find your own safety, surrender and acceptance.

There is only conflict, pain, stress and disease when things are not understood.

This process will show you why you feel the way you do, what your limiting beliefs are and get you out of your own way.



Step 1

Direction: South
Archetype: Victim

1st stage of consciousness (life happened to me)

Reveal hidden limiting beliefs

Shed old stories that are no longer serving

Heal physical body from pain & disease

Understand suppressed emotions

Heal old wounds in the past



Step 2

Direction: West
Archetype: Saboteur

2nd Stage of consciousness (life is created by me)

Fear is keeping you small (Face it till you make it)

Push through comfort zone

Find & face your shadows

Fears of responsibility

Owning your power



Step 3

Direction: North
Archetype: Child

3rd Stage of consciousness (spirit creates through me)

Creativity and Energy

What is your purpose and joy

Expanding into more love

Psychic development & Intuitive Knowing

Finding fun & play with life

Self education and learning



Step 3

Direction: West
Archetype: Prostitute

4th Stage of consciousness (oneness, life is created as me)

How are you selling yourself short

Not giving yourself or anything that disempowers you

Trusting your worth

Faith that your needs are provided for

Spirit and soul not for sale, no violation of self

Perspective of THE ALL



South Serpent

Understand and alchemise victim archetype

- Transformational Coaching
- Shamanic Theme (Illuminations)
- PDF Workbook with self development challenges to complete weekly



West Jaguar

Integrate fears, shadows and stretch out of comfort zone

- Empowerment Coaching
- Shamanic Theme (Extractions & Past lives)
- PDF Workbook with self development challenges to complete weekly



North Hummingbird

Integrate play, fun and creativity. Mastery & Life Purpose

- Empowerment Coaching
- Shamanic Theme (Soul Retrieval, All Parts of Self/Roles)
- PDF Workbook with self development challenges to complete weekly



East Eagle/Condor

Trusting your worth, Finding your home within

- Completion Coaching
- Shamanic Theme (Ancestral Lines, Contracts,)
- PDF Workbook with self development challenges to complete weekly

Where do I start?

FIND YOUR I CAN IN ANY SITUATION

Prices and Booking

Reading & Connection Session £49

Monthly Coaching £555

Monthly Coaching £444

Monthly Coaching £333

Monthly Coaching £333

Weekly Sessions

Dates and times for your session are booked in via email

**If you decide now is the time to up level your life
This includes:**

PDF workbook with self development challenges
for you to complete to boost your process

Bonus sessions to watch via video with
extra tools to assist you in getting outstanding results

Book in your reading session by clicking here

There is no obligation to book

Everyone's integration time is different

No recommended time frame with how you move through each direction

Feel into you

Lifetime access to the workbook exercises
so you can refer back to your process
and use these proven techniques
whenever life throws anything at you

The value of this experience
is knowing all 4 corners of human consciousness
therefore being conscious and prepared for the rest of your life

Human experience is tough
until we learn to master it

This is life mastery
done for you
It is the quickest way to success
joy
freedom & fulfilment

It really is the way home

Book in your reading session by clicking here

If you have printed this out type in to your browser

www.embodiedmystic.cc/product/session

To book and pay

The next available dates and times will be emailed to you after booking