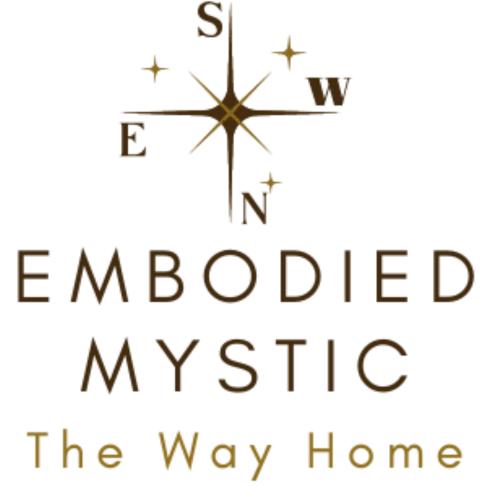
E



- Turn "I Can't" into I CAN
- Integrate your victim into your power
- 4 stage empowerment process



#### Tired of life's challenges?

# Do you?

- Put yourself down?
- Play small?
- Feel not good enough?
- Vorry?
- Get into arguments or disagreements?
- Are often not well or tired?
- Can't deal with so and so in relationship?
- Can't cope?
- Find others take advantage?
- Don't ask for help?
- Feel alone? Isolated? Don't know where to turn?

Is your victim running your life?

Do you want to know how to shift from I can't to I can in any situation?

4 Step Empowerment Process,

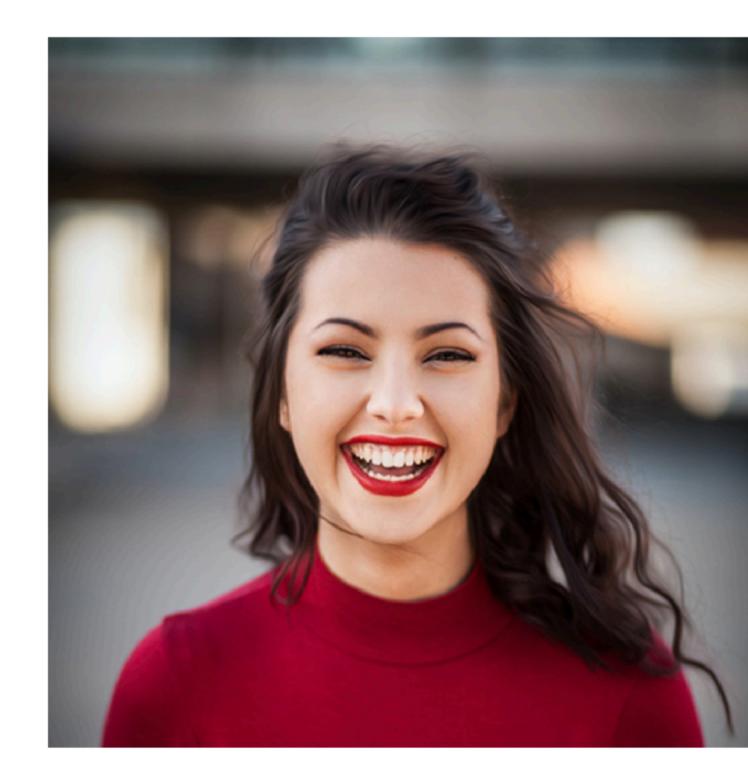
Alchemising the 4 corners of human consciousness

It works because psychologically these 4 pillar archetypes are the same for all humans

Here's how it works.

- 1. Get out of Victim and into your power
- 3. Live your mastery and purpose
- 4. Trust your worth and never sell yourself short again.

2. Meet your fear so that it never keeps you playing small again



# Tools making you a super coach

Giving you the tools to understand the complexity of the human experience simply and quickly, leaving no corner unturned.

- Alchemise any trauma or limiting belief with the self healing cycle & Illuminations
- Understand any and all fears with 3 sides of the coin coaching (the secret side to coaching you are never taught)
- How to use your emotions to find your purpose and live in bliss
- Anchor into self worth and feel like you've come home

How does this method work?

What are the themes covered in the empowerment process?

These 4 corners South West North East are based on the 4 pilar archetypes of collective consciousness The 4 energies of being human that EVERYONE HAS No one human being is without one of these archetypes That's why this works for everyone The process is about understanding the human experience, all your emotions, why you might feel alone, like no one understands, or have given up trying because nothing seems to work. This method creates a container for you to find your own safety, surrender and acceptance. There is only conflict, pain, stress and disease when things are not understood. This process will show you why you feel the way you do, what your limiting beliefs are and get you out of your own way.





## Direction: South Archetype: Victim

1st stage of consciousness (life happened to me)

Reveal hidden limiting beliefs

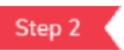
Shed old stories that are no longer serving

Heal physical body from pain & disease

Understand suppressed emotions

Heal old wounds in the past





## Direction: West Archetype: Saboteur

2nd Stage of consciousness (life is created by me)

Fear is keeping you small (Face it till you make it)

Push through comfort zone

Find & face your shadows

Fears of responsibility

Owning your power





## Direction: North Archetype: Child

- fe 3rd Stage of consciousness (spirit creates through me)
- e it Creativity and Energy
  - What is your purpose and joy
  - Expanding into more love
  - Psychic development & Intuitive Knowing
  - Finding fun & play with life
  - Self education and learning





#### Direction: West Archetype: Prostitute

4th Stage of consciousness (oneness, life is created as me)

How are you selling yourself short

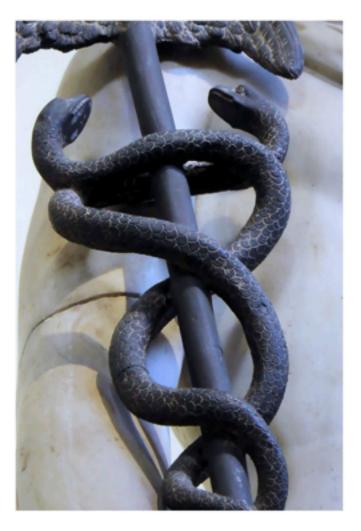
Not giving yourself or anything that disempowers you

Trusting your worth

Faith that your needs are provided for

Spirit and soul not for sale, no violation of self

Perspective of THE ALL



South Serpent Understand and alchemise victim archetype

**Transformational Coaching** 

- Shamanic Theme (Illuminations)
- PDF Workbook with self development challenges to complete weekly



West Jaguar

Integrate fears, shadows and stretch out of comfort zone

**Empowerment Coaching** 

- Shamanic Theme (Extractions & Past lives)
- PDF Workbook with self development challenges to complete weekly



North Hummingbird

Integrate play, fun and rt creativity. Mastery & Life Purpose

- Empowerment Coaching
- Shamanic Theme (Soul Retrieval, All Parts of Self/Roles)
- PDF Workbook with self development challenges to complete weekly



East Eagle/Condor

Trusting your worth, Finding your home within

**Completion Coaching** 

- Shamanic Theme (Ancestral Lines, Contracts,)
- PDF Workbook with self development challenges to complete weekly

# Where do I start?

FIND YOUR I CAN IN ANY SITUATION

#### **Prices and Booking**

Dates and times for your session are booked in via email

PDF workbook with self development challenges for you to complete to boost your process

Bonus sessions to watch via video with extra tools to assist you in getting outstanding results

Book in your reading session by clicking here

Reading & Connection Session £49

- Monthly Coaching £555
- Monthly Coaching £444
- Monthly Coaching £333
- Monthly Coaching £333
  - Weekly Sessions

#### If you decide now is the time to up level your life This includes:

There is no obligation to book

Everyone's integration time is different

No recommended time frame with how you move through each direction

Feel into you

Lifetime access to the workbook exercises so you can refer back to your process and use these proven techniques whenever life throws anything at you

The value of this experience is knowing all 4 corners of human consciousness therefore being conscious and prepared for the rest of your life

> Human experience is tough until we learn to master it

This is life mastery done for you It is the quickest way to success joy freedom & fulfilment

It really is the way home Book in your reading session by clicking here

If you have printed this out type in to your browser

To book and pay The next available dates and times will be emailed to you after booking

www.embodiedmystic.cc/product/session